

Behavioural Experiment Worksheet

Instructions: Complete Part 1 to predict and plan the experiment. After completing the experiment, complete Part 2, the outcome and learning reflection and compare to Part 1. Or if you've already done the experiment, complete both parts to reflect on the experiment planning and results.

Part 1: Experiment Plan

1 Prediction
What is your prediction? What do you expect will happen?
How would you know if it came true?

Rate how strongly you believe this will happen (0-100%)

2 Experiment
What experiment could test this prediction? (where, when, how, etc.)
What safety behaviours will need to be dropped?
How would you know if your prediction came true?

Part 2: Experiment Results

3 Outcome
What happened? Was your prediction accurate?

4 Learning
What did you learn? How likely is it that your prediction(s) will happen in the future?

Rate how strongly you agree with your original prediction now (0-100%)